



March Menu



Monday	Tuesday	Wednesday	Thursday	Friday
		1 AM Snack- Cereal w/ milk, bananas Lunch- Homemade chicken noodle soup, apples, crackers, milk PM Snack- Cheese stick, raisins, water	2 AM Snack- Waffles, banana, milk Lunch- Hot dog, baked beans, fresh fruit salad, milk PM Snack- Vanilla Wafers, 100% apple juice	3 AM Snack- Cereal w/ milk, apples Lunch- Penne pasta & chicken bake, cantaloupe, milk PM Snack- Veggie straws, 100% pineapple, orange, banana juice
6 AM Snack- Granola Bar, applesauce, milk Lunch- Chicken Quesadilla, oranges, baked beans, milk PM Snack- Pretzel sticks, 100% apple cherry juice	7 AM Snack- Cereal w/ milk, oranges Lunch- Spaghetti w/ meat sauce, cucumber slices & ranch, milk PM Snack- Graham crackers, yogurt, water	8 AM Snack- Toast, apples, milk Lunch- Homemade turkey chili w/ corn, tortilla chips, oranges, milk PM Snack- Teddy Grahams, 100% apple juice	9 AM Snack- Cereal w/ milk, pears Lunch- Meatball sandwich w/ marinara sauce, fresh watermelon, milk PM Snack- Wheat thins, 100% pineapple, orange, banana juice	10 AM Snack- Muffins, Banana, milk Lunch- Ham, cheese, crackers, honeydew, sugar snap peas, milk PM Snack- Animal Crackers, 100% apple juice
13 AM Snack- Cereal w/ milk, grapes Lunch- Grilled chicken, rice, pineapple, edamame beans, milk PM Snack- Goldfish, 100% apple cherry juice	14 AM Snack- English muffins, pears, milk Lunch- White meat chicken nuggets, cucumber slices, grapes, roll milk PM Snack- Townhouse crackers, 100% apple juice	15 AM Snack- Cereal w/ milk, peaches Lunch- Homemade chicken alfredo, salad, cantaloupe, milk PM Snack- Cheese slices, crackers, water	16 AM Snack- Bagel w/ cream cheese, pineapple, milk Lunch- Sloppy Joes w/ cheese, grapes, baked fries, milk PM Snack- Cheese It's, 100% apple juice	17 Happy ST. Patties Day AM Snack- Cereal w/ milk, oranges Lunch- Pizza party, salad, grapes, milk PM Snack- Mini rice cakes, 100% pineapple, orange, banana juice
20 AM Snack- Croissant, applesauce, milk Lunch- Homemade turkey chili w/ corn, tortilla chips, oranges, milk PM Snack- Triscuit, cheese stick, water	21 AM Snack- Cereal w/ milk, apples Lunch- Peanut butter & jelly sandwich, cheese stick, carrot sticks, raisins, milk PM Snack- Goldfish, 100% apple cherry juice	22 AM Snack- Nutri Grain Bar w/ milk, banana Lunch- Grilled ham & cheese, cucumber slices, apples, milk PM Snack- Cheese It's, 100% apple juice	23 AM Snack- Cereal w/ milk, pears Lunch- Homemade Mac & Cheese, green salad, apples, milk PM Snack- Rice Krispie, 100% apple juice	24 AM Snack- Raisin toast, pineapple, milk Lunch- Chicken patties w/ cheese on a bun, peaches, grape tomatoes, milk PM Snack- Veggie straws, 100% pineapple, orange, banana juice
27 AM Snack- Cereal w/ milk, grapes Lunch- Bean & Cheese Burrito, oranges, baked fries, milk PM Snack- Wheat thins, 100% pineapple, orange, banana juice	28 AM Snack- Toast, peaches, milk Lunch- Fish Sticks, corn, apples, rolls, milk PM Snack- Fig Newton, 100% apple juice	29 AM Snack- Cereal w/ milk, apples Lunch- Turkey & Cheddar sandwich, fresh melon, carrot sticks, milk PM Snack- Pretzel sticks, 100% apple cherry juice	30 AM Snack- Waffles, banana, milk Lunch- Corn Dog, grapes, cucumbers w/ ranch, milk PM Snack- Saltine crackers w/ peanut butter, water	31 AM Snack- Cereal w/ milk, oranges Lunch- Meatball sandwich w/ marinara sauce, fresh watermelon, milk PM Snack- Graham crackers, yogurt, water

**** We use whole grain sliced breads, low-sugar cereals, all natural peanut butter and organic jelly, fresh fruits and vegetables cut daily (edamame & corn are previously frozen). Our meats are lean beef, chicken breast, whole fillet fish sticks and Hebrew National hot dogs. All milk served is low-fat. If you have any questions or concerns please feel free to ask Ms. Desiree. ****